



PHOTO BY CONNOR LONG



REGIONAL PARKS OUTDOOR ACTIVITIES SONOMA COUNTY

2016 / 2017 WINTER

NUESTROS PARQUES

Saturday, December 3 • 10AM-1PM

Sonoma Valley Regional Park



Irma Cuevas

The great outdoors await you at YOUR PARKS! These guided hikes, led in Spanish for people of all ages, explore different natural and cultural history themes on the first Saturday of each month. Come for the invigorating walk and stay for the social potluck. Bring your own plates and utensils and a dish to share.

Dec. 3 - Sonoma Valley Regional Park

Jan. 7 - Spring Lake Regional Park - Oak Knolls Day Use

Feb. 4 - Pinnacle Gulch – Shorttail Gulch Coastal Access Trail

Info.: (707) 657-3783

SCIENCE SATURDAYS

Saturday, December 3 • 1-4PM

**Spring Lake Regional Park
Environmental Discovery Center**



Ellie Muelrath

Embrace your inner scientist and discover the wonders of

environmental and physical sciences with us! Drop by these free presentations with interactive experiments beginning on the hour for the entire family.

Dec. 3 - Engineering masterpieces! Construct different types of catapult systems using marshmallows, sticks, and other fun supplies.

Jan. 7 - Crazy chemistry for kids! Combine different materials to create chemical reactions out of everyday household supplies to watch things ooze, erupt, and explode with these safe experiments.

Info.: (707) 539-2865

WALK ON THE WILD SIDE

Saturday, December 10 • 9AM-Noon

Tolay Lake Regional Park

Shelly Spriggs

Explore all things wild during this guided hike series on the second Saturday of each month. This program is designed for families and independent nature lovers alike. Wear closed-toed shoes and dress in layered clothing for these adventures. Bring a snack and water (no potable water onsite). Heavy rain cancels.

Dec. 10 - Fall is fading and winter is almost here! Experience the wonders only winter can reveal, and explore seasonal signs of shifting conditions for flora and fauna.

Jan. 14 - Capture a unique glimpse into the natural world with wildlife cameras! Learn to operate them and find the best location for animal traffic. You will set a wildlife camera trap, and receive an email of the photos it takes. This is a 3.5 mile round-trip adventure with a moderate incline.

Feb. 11 - Who calls the Tolay Creek watershed home? Discover the diverse array of species we could see—from crayfish to coyotes and white-tailed kites to river otters—the possibilities are endless. The 2.75 mile hike is easy with no elevation gain.

Fee: \$5 per family or \$3 per individual

Registration Required:

(707) 479-3999

<http://parks.sonomacounty.ca.gov/Activities/Calendar.aspx>

WINTER SOLSTICE CELEBRATION

Wednesday, December 21 • 1-5PM

**Spring Lake Regional Park
Environmental Discovery Center**



Naturalist Staff

Celebrate the shortest day of the year by welcoming the beginning of increasing daylight with seasonal cheer! Create special thematic crafts like spiral art and solar prints. Then, hike to Frog Pond to look for signs of winter residents like the California newts. Come make new family holiday memories!

Info.: (707) 539-2865

LEGEND



Parking Fee May Apply



Wheelchair Accessible



**Healthy Parks, Healthy People
Bay Area**

Visit sonomacountyparks.org for more outdoor activities.

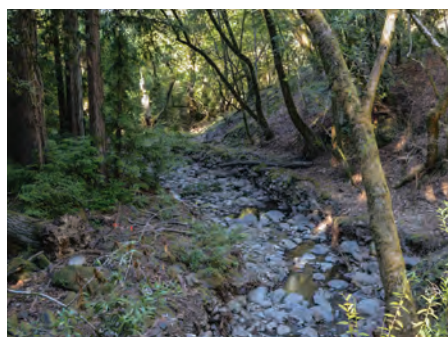
FIRST DAY HIKE

Sunday, January 1 • 10AM-2:30PM

**Jack London State Historic Park
& North Sonoma Mountain
Regional Park P**

Ranger and Naturalist Staff

Start the year on the right path with a New Year's Day outdoor adventure! Join us for a guided 9-mile, one-way hike from the state park over Sonoma Mountain, and down the north slope to the newest Regional Park and Preserve. Hike a portion of the route or the entire length. If you choose to hike all the



way through, please arrange a ride back to Jack London for your vehicle. Bring water, snacks, and a sack lunch. Heavy rain cancels.

Fee: \$10

Registration Required:

(707) 938-5216

<http://parks.sonomacounty.ca.gov/Activities/Calendar.aspx>

SUNRISE SEEKERS SERIES



**Wednesday, January 4
6:30-8:30AM**

Foothill Regional Park P

Recreation Staff

Rise and shine with an invigorating hike on the first Wednesday of each month. To celebrate Sonoma County Regional Parks 50th Anniversary, we will hike 50 miles throughout the year to catch the sunrise from Sonoma County's most prominent vistas. Wear sturdy hiking shoes, warm, comfortable clothes, and bring a headlamp as we will start in the dark for these fast-paced jaunts to the viewing points.

Jan. 4 - Foothill Regional Park P

Feb. 1 - Shiloh Ranch Regional Park P

Info.: (707) 565-2041

NUESTROS PARQUES

Saturday, January 7 • 10AM-1PM

**Spring Lake Regional Park
Oak Knolls Day Use P**

Irma Cuevas

Please see the December 3 activity description.

SCIENCE SATURDAYS

Saturday, January 7 • 1-4PM

**Spring Lake Regional Park
Environmental Discovery Center P**

Ellie Muelrath

Please see the December 3 activity description.

WALK ON THE WILD SIDE

Saturday, January 14 • 9AM-Noon

Tolay Lake Regional Park P

Shelly Spriggs

Please see the December 10 activity description.

CHRISTMAS BIRD COUNT FOR KIDS

Saturday, January 14 • 9AM-1PM

**Sonoma Historic State Park &
Maxwell Farms Regional Park P**

Join a fun-filled, educational, winter bird watching event connecting youth and families to nature—

DON'T HIBERNATE

Visit sonomacountyparks.org for more outdoor activities.



CBC4Kids! Modeled after the century old tradition of the Audubon Christmas bird count in December and January, participants ages 8 – 16 will build identification and monitoring skills while contributing to bird focused citizen science. Sonoma Nature, Sonoma State University, California State Parks, and Sonoma County Regional Parks are partnering to encourage interest and appreciation of birds and nature at several different sites.

Registration Required:

<http://parks.sonomacounty.ca.gov/Activities/Calendar.aspx>

Info.: (707) 939-8007

VOLANDO ALTO SOBRE EL PACÍFICO

FLYING HIGH OVER THE PACIFIC

Saturday, January 21 • 9-11AM

Doran Regional Park
Cypress Day Use

Irma Cuevas & Dea Field

Explore birdlife traveling the Pacific Flyway located in our own backyard.

This bilingual, introductory program will introduce overwintering and migratory shorebird identification, and the importance of the flyway for bird survival. The program aims to inspire curiosity about local birds, while leisurely traversing the park's rich and diverse ecosystems. Conservation begins with inspiration! Bring your own binoculars or borrow ours, dress in warm layers, and bring water and snacks.

Info.: (707) 657-3783

WINGING IT WEDNESDAYS



Wednesday, January 25
8:30-10:30AM

Doran Regional Park
Bird Walk Coastal Access Trail

Dave LaCasse

These leisurely bird walks for all levels of birding experience are especially designed for older adults and their friends. Come enjoy nature and each other's company on the last Wednesday of each month. Help Regional Parks kick off our

50th anniversary by identifying 50 bird species each trip! Bring your own binoculars or borrow ours. Heavy rain cancels. Carpooling is encouraged.

Jan. 25 - Doran Regional Park - Bird Walk Coastal Access Trail

Feb. 22 - Laguna de Santa Rosa - Highway 12 Entrance

Info.: (707) 565-2041

SUNRISE SEEKERS SERIES

Wednesday, February 1 • 6:30-8:30AM

Shiloh Ranch Regional Park

Recreation Staff

Please see the January 4 activity description.

NUESTROS PARQUES

Saturday, February 4 • 10AM-1PM

Pinnacle Gulch
Shorttail Gulch Coastal Access Trail



Irma Cuevas

Please see the December 3 activity description.

WALK ON THE WILD SIDE

Saturday, February 11 • 9AM-Noon

Tolay Lake Regional Park

Shelly Spriggs

Please see the December 10 activity description.



¿QUIEN VIVE EN SU VENCIDAD?

WHO LIVES IN YOUR NEIGHBORHOOD?

Saturday, February 18
10AM-2PM

A Place to Play Park, Santa Rosa



Irma Cuevas

Discover wildlife on an urban fringe along Santa Rosa Creek. Learn who calls this neighborhood trail home, and your role in creating healthy habitats for all living things. This is a safe, accessible, community-oriented bilingual walk for the entire family. Bring water, lunch, walking shoes, and layered clothing for this 7-miler. Heavy rain cancels.

Info.: (707) 657-3783

WINGING IT WEDNESDAYS

Wednesday, February 22
8:30-10:30AM

Laguna de Santa Rosa Trail
Highway 12 Entrance

Dave LaCasse

Please see the January 25 activity description.



JOIN NOW

AT SONOMACOUNTYPARKS.ORG!

REGIONAL PARKS MEMBERS

GET A YEAR OF FREE PARKING

+ A FREE NIGHT OF CAMPING

+ FESTIVAL ADMISSION



SONOMA COUNTY REGIONAL PARKS
2300 County Center Drive, Suite 120A
Santa Rosa, California 95403

OFFICE HOURS:

Monday- Friday, 8AM-5PM

Phone: (707) 565-2041

Email: parks@sonoma-county.org

Reserve a Campsite:

book online at sonomacountyparks.org



Visit us at SONOMACOUNTYPARKS.ORG

